



	Project Activities Outcomes	Key Indicators/measures	No of Individuals	Frequency or number per month/annum	Value of Indicators/measures (£)	Total Annual Value of Outcomes (£)	Evidence of Indicator Value	Comments/Questions/Assumptions
						£0.00		
<b>Skills Benefits</b>	Trustee Volunteering Programme - increasing access to volunteering and skills development	Number of hours recorded by Trustees	See separate sheet	2508	£ 8.21	£20,590.68	<a href="https://www.gov.uk/national-minimum-wage-rates">https://www.gov.uk/national-minimum-wage-rates</a>	See separate sheet. The rate applied is for those aged 25+ which is currently the case. Based on average recorded for 6 volunteers between Jan - May 2019. This is perhaps conservative but allows for less than 100% of participation by Trustees
	General Volunteering Programme - increasing access to volunteering and skills development	Number of hours recorded by volunteers	See separate sheet	396	£ 8.21	£3,251.16	<a href="https://www.gov.uk/national-minimum-wage-rates">https://www.gov.uk/national-minimum-wage-rates</a>	See separate sheet. Trustees to advise of likely increase as has been based on average of 2019 to date across 4 volunteers (non trustees)
	Community Jobs Scotland Placement	Employment of young person on CJS contract for one year - transitional employment	1	1	£ 2,982.20	£2,982.20	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5cfe">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5cfe</a>	Based on one CJS person per annum and value is based on payment of JSA for one year (assumes contribution based) @ £57.35 pw. Global value exchange has used this measurement for transitional jobs and application of current JSA rates has been applied.
	Community Jobs Scotland Placement Moves into Employment	Individual in receipt of support through CJS at Civic Centre secures employment	1	1	£ 2,982.20	£2,982.20		Based on statistic at 54% of CJS participants move into employment. The value is based on the JSA payments for one year - see above.
<b>Health Benefits</b>	Delivery of Pensioners Club (aged 65+) - improved mental wellbeing as a result of participation	Number of participants stating that they have noted a change in their mental health/reduce antidepressants	5	Weekly	£ 2,207.97	£11,039.85	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60</a>	Club is attended by 25-28 people. Given that we do not know their current circumstances this outcome is based on 20% of 25 becoming less isolated over a 12 month period. This may only apply to those new to the group or recently experiencing a change in their life circumstances. Adjusted for inflation (year 1 only)
	Weekly Tai Chi and Yoga Class - improved mental wellbeing as a result of participation	Number of participants stating that they have noted a change in their mental health/reduce antidepressants	5	1	£ 2,207.97	£9,935.87	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60</a>	Clubs attended by 45 people. Given we do not know their current state of mental health this is outcome is based on just over 10% achieving better mental health over a 12 month period. This group includes those over 65+. Adjusted for inflation (year 1 only).
	Delivery of Pensioners Club (aged 65+) will provide opportunities to interacting with others and reducing social isolation	Participants report feeling less isolated and report having made new friends	5	1	£ 2,570.24	£12,851.20	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60</a>	Club is attended by 25-28 people. Given that we do not know their current circumstances this outcome is based on 20% of 25 becoming less isolated over a 12 month period. This may only apply to those new to the group or recently experiencing a change in their life circumstances therefore in years 2 onwards assumes turnover of attendees. Adjusted for inflation (year 1 only).
	Improvements in Physical Exercise - (eg.participating in Thai Chi, Yoga, Under 5s Club and Football)	Participants report an improvement in their physical health as a result of participation	48	36	£ 5.20	£9,023.04	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f2cc1">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f2cc1</a>	This includes everyone where an improvement in physical health has been cited and is on the basis that they participate for one hour 36 weeks of the year. 20% of the total has been selected as continued attendance might not lead someone to state that attending has improved their physical health and also accounts for turnover in attendees.
						<b>Annual Value of Total Outcomes</b>	<b>£72,656.20</b>	

**Assumptions**

	Project Activities Outcomes	Key Indicators/measures	No of Individuals	Frequency or number per month/annum	Value of Indicators/measures (£)	Total Annual Value of Outcomes (£)	Evidence of Indicator Value	Comments/Questions/Assumptions
						£0.00		
Skills Benefits	Trustee Volunteering Programme - increasing access to volunteering and skills development	Number of hours recorded by Trustees	See separate sheet	2508	£ 8.21	£20,590.68	<a href="https://www.gov.uk/national-minimum-wage-rates">https://www.gov.uk/national-minimum-wage-rates</a>	See separate sheet. The rate applied is for those aged 25+ which is currently the case. Based on average recorded for 6 volunteers between Jan - May 2019. This is perhaps conservative but allows for less than 100% of participation by Trustees
	General Volunteering Programme - increasing access to volunteering and skills development	Number of hours recorded by volunteers	See separate sheet	396	£ 8.21	£3,251.16	<a href="https://www.gov.uk/national-minimum-wage-rates">https://www.gov.uk/national-minimum-wage-rates</a>	See separate sheet. Trustees to advise of likely increase as has been based on average of 2019 to date across 4 volunteers (non trustees)
	Community Jobs Scotland Placement	Employment of young person on CJS contract for one year - transitional employment	1	1	£ 2,982.20	£2,982.20	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5cfe">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5cfe</a>	Based on one CJS person per annum and value is based on payment of JSA for one year (assumes contribution based) @ £57.35 pw. Global value exchange has used this measurement for transitional jobs and application of current JSA rates has been applied.
Health Benefits	Delivery of Pensioners Club (aged 65+) - improved mental wellbeing as a result of participation	Number of participants stating that they have noted a change in their mental health/reduce antidepressants	5	Weekly attendance	£ 2,207.97	£11,039.85	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60</a>	Club is attended by 25-28 people. Given that we do not know their current circumstances this outcome is based on 20% of 25 becoming less isolated over a 12 month period. This may only apply to those new to the group or recently experiencing a change in their life circumstances. Adjusted for inflation (year 1 only)
	Weekly Tai Chi and Yoga Class - improved mental wellbeing as a result of participation	Number of participants stating that they have noted a change in their mental health/reduce antidepressants	5	Weekly attendance	£ 2,207.97	£9,935.87	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60</a>	Clubs attended by 45 people. Given we do not know their current state of mental health this is outcome is based on just over 10% achieving better mental health over a 12 month period. This group includes those over 65+. Adjusted for inflation (year 1 only).
	Delivery of Pensioners Club (aged 65+) will provide opportunities to interacting with others and reducing social isolation	Participants report feeling less isolated and report having made new friends	5	Weekly attendance	£ 2,570.24	£12,851.20	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60</a>	Club is attended by 25-28 people. Given that we do not know their current circumstances this outcome is based on 20% of 25 becoming less isolated over a 12 month period. This may only apply to those new to the group or recently experiencing a change in their life circumstances therefore in years 2 onwards assumes turnover of attendance. Adjusted for inflation (year 1 only).
	Improvements in Physical Exercise - (eg participating in Thai Chi, Yoga, Under 5s, Football, Sportshall, Gym)	Participants report an improvement in their physical health as a result of participation	297	36	£ 5.20	£55,635.84	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f2cc1">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f2cc1</a>	This includes everyone where an improvement in physical health has been cited and is on the basis that they participate for one hour 36 weeks of the year. 20% of the total has been selected as continued attendance might not lead someone to state that attending has improved their physical health and also accounts for turnover in attendees.
						<b>Annual Value of Total Outcomes</b>	<b>£116,286.80</b>	

#### Assumptions

	Project Activities Outcomes	Key Indicators/measures	No of Individuals	Frequency or number per month/annum	Value of Indicators/measures (£)	Total Annual Value of Outcomes (£)	Evidence of Indicator Value	Comments/Questions/Assumptions
						£0.00		
<b>Skills Benefits</b>	Trustee Volunteering Programme - increasing access to volunteering and skills development	Number of hours recorded by Trustees	See separate sheet	2508	£ 8.21	£20,590.68	<a href="https://www.gov.uk/national-minimum-wage-rates">https://www.gov.uk/national-minimum-wage-rates</a>	See separate sheet. The rate applied is for those aged 25+ which is currently the case. Based on average recorded for 6 volunteers between Jan - May 2019. This is perhaps conservative but allows for less than 100% of participation by Trustees
	General Volunteering Programme - increasing access to volunteering and skills development	Number of hours recorded by volunteers	See separate sheet	396	£ 8.21	£3,251.16	<a href="https://www.gov.uk/national-minimum-wage-rates">https://www.gov.uk/national-minimum-wage-rates</a>	See separate sheet. Trustees to advise of likely increase as has been based on average of 2019 to date across 4 volunteers (non trustees)
	Community Jobs Scotland Placement	Employment of young person on CJS contract for one year - transitional employment	1	1	£ 2,982.20	£2,982.20	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5cfe">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5cfe</a>	Based on one CJS person per annum and value is based on payment of JSA for one year (assumes contribution based) @ £57.35 pw. Global value exchange has used this measurement for transitional jobs and application of current JSA rates has been applied.
	Community Jobs Scotland Placement Moves into Employment	Individual in receipt of support through CJS at Civic Centre secures employment	1	1	£ 2,982.20	£ 2,982.20		Based on statistic at 54% of CJS participants move into employment. The value is based on the JSA payments for one year - see above.
<b>Health Benefits</b>	Delivery of Pensioners Club (aged 65+) - improved mental wellbeing as a result of participation	Number of participants stating that they have noted a change in their mental health/reduce antidepressants	5	Weekly	£ 2,207.97	£11,039.85	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60</a>	Club is attended by 25-28 people. Given that we do not know their current circumstances this outcome is based on 20% of 25 becoming less isolated over a 12 month period. This may only apply to those new to the group or recently experiencing a change in their life circumstances. Adjusted for inflation (year 1 only)
	Weekly Tai Chi and Yoga Class - improved mental wellbeing as a result of participation	Number of participants stating that they have noted a change in their mental health/reduce antidepressants	5	Weekly	£ 2,207.97	£9,935.87	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60</a>	Clubs attended by 45 people. Given we do not know their current state of mental health this is outcome is based on just over 10% achieving better mental health over a 12 month period. This group includes those over 65+. Adjusted for inflation (year 1 only).
	Delivery of Pensioners Club (aged 65+) will provide opportunities to interacting with others and reducing social isolation	Participants report feeling less isolated and report having made new friends	5	Weekly	£ 2,570.24	£12,851.20	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60</a>	Club is attended by 25-28 people. Given that we do not know their current circumstances this outcome is based on 20% of 25 becoming less isolated over a 12 month period. This may only apply to those new to the group or recently experiencing a change in their life circumstances therefore in years 2 onwards assumes turnover of attendance. Adjusted for inflation (year 1 only).
	Improvements in Physical Exercise - (eg participating in Thai Chi, Yoga, Under 5s, Football, Sportshall, gym)	Participants report an improvement in their physical health as a result of participation	98	36	£ 5.20	£18,345.60	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f2cc1">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f2cc1</a>	This includes everyone where an improvement in physical health has been cited and is on the basis that they participate for one hour 36 weeks of the year. 20% of the total has been selected as continued attendance might not lead someone to state that attending has improved their physical health and also accounts for turnover in attendees.
					<b>Annual Value of Total Outcomes</b>	<b>£81,978.76</b>		

**Assumptions**

	Project Activities Outcomes	Key Indicators/measures	No of Individuals	Frequency or number per month/annum	Value of Indicators/measures (£)	Total Annual Value of Outcomes (£)	Evidence of Indicator Value	Comments/Questions/Assumptions
						£0.00		
Skills Benefits	Trustee Volunteering Programme - increasing access to volunteering and skills development	Number of hours recorded by Trustees	See separate sheet	1756	£ 8.21	£14,413.48	<a href="https://www.gov.uk/national-minimum-wage-rates">https://www.gov.uk/national-minimum-wage-rates</a>	See separate sheet. The rate applied is for those aged 25+ which is currently the case. Based on average recorded for 6 volunteers between Jan - May 2019. This is perhaps conservative but allows for less than 100% of participation by Trustees. In this year Trustee participation drops by 30% to take account of completion of refurbishment project.
	General Volunteering Programme - increasing access to volunteering and skills development	Number of hours recorded by volunteers	See separate sheet	396	£ 8.21	£3,251.16	<a href="https://www.gov.uk/national-minimum-wage-rates">https://www.gov.uk/national-minimum-wage-rates</a>	See separate sheet. Trustees to advise of likely increase as has been based on average of 2019 to date across 4 volunteers (non trustees)
	Community Jobs Scotland Placement	Employment of young person on CJS contract for one year transitional employment	1	1	£ 2,982.20	£2,982.20	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5cfe">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5cfe</a>	Based on one CJS person per annum and value is based on payment of JSA for one year (assumes contribution based) @ £57.35 pw. Global value exchange has used this measurement for transitional jobs and application of current JSA rates has been applied in this instance (not take value for GVE).
Health Benefits	Delivery of Pensioners Club (aged 65+) - improved mental wellbeing as a result of participation	Number of participants stating that they have noted a change in their mental health/reduce antidepressants	5	Weekly	£ 2,207.97	£11,039.85	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60</a>	Club is attended by 25-28 people. Given that we do not know their current circumstances this outcome is based on 20% of 25 becoming less isolated over a 12 month period. This may only apply to those new to the group or recently experiencing a change in their life circumstances. Adjusted for inflation (year 1 only)
	Weekly Tai Chi and Yoga Class - improved mental wellbeing as a result of participation	Number of participants stating that they have noted a change in their mental health/reduce antidepressants	5	Weekly	£ 2,207.97	£9,935.87	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60</a>	Clubs attended by 45 people. Given we do not know their current state of mental health this is outcome is based on just over 10% achieving better mental health over a 12 month period. This group includes those over 65+. Adjusted for inflation (year 1 only).
	Delivery of Pensioners Club (aged 65+) will provide opportunities to interacting with others and reducing social isolation	Participants report feeling less isolated and report having made new friends	5	Weekly	£ 2,570.24	£12,851.20	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f5e60</a>	Club is attended by 25-28 people. Given that we do not know their current circumstances this outcome is based on 20% of 25 becoming less isolated over a 12 month period. This may only apply to those new to the group or recently experiencing a change in their life circumstances therefore in years 2 onwards assumes turnover of attendance. Adjusted for inflation (year 1 only).
	Improvements in Physical Exercise - (eg participating in Thai Chi, Yoga, Under 5s, Football, Sportshall, gym)	Participants report an improvement in their physical health as a result of participation	147	36	£ 5.20	£27,518.40	<a href="http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f2cc1">http://www.glob.alvaluexchange.org/valuations/8279e41d9e5e0bd8499f2cc1</a>	This includes everyone where an improvement in physical health has been cited and is on the basis that they participate for one hour 36 weeks of the year. 20% of the total has been selected as continued attendance might not lead someone to state that attending has improved their physical health and also accounts for turnover in attendees.
						<b>Annual Value of Total Outcomes</b>	<b>£81,992.15</b>	

#### Assumptions

<b>Year</b>	<b>Amount Calculated</b>
Sept19-Aug20	£132,924.42
Sept20-Aug21	£72,656.20
Sept21-Aug22	£116,286.80
Sept22-Aug23	£81,978.76
Sept19-Aug24	£81,992.15
<b>TOTAL</b>	<b>£485,838.32</b>